

The Wellington News

NOVEMBER
2021

Assisted Living • Respite Care Services

Please check our website or call for updated information about our visitation policy.

Take Time To Get A Flu Vaccine

- Flu vaccines help to reduce the burden of illnesses, hospitalizations and fatalities each year.
- It is especially important for people at high-risk to get regular vaccinations to decrease their risk of developing severe illness or flu.
- People at higher risk of serious flu complications include young children, those who are pregnant, people with chronic health conditions like asthma, diabetes or heart and lung disease, and people 65 years and older.
- Vaccination also is important for health care workers, and other people who live with or care for people at higher risk to keep from spreading flu to them. *Source: cdc.gov*

Translation Services Bridge Language Gap



We've partnered with Boostlingo to bring even more services to our residents and families. The Boostlingo platform give us 24/7 access to language interpreters that help us communicate with anyone regardless of language. Hundreds of languages including American sign language are quickly and easily interpreted by professional, certified multilingual interpreters who have health care terminology experienced. Boostability is HIPAA and JCAHO compliant, and interpreters are required to be both medically certified and HIPAA compliant.

boostlingo

Movember vs. No Shave November

Recently you may have noticed some of the clean-shaven men in your life becoming fuzzier as their 'staches, goatees, Fu Manchus, mutton chops and other furry face-warmers sprout predominantly over the brisk month of November. These sudden changes to their features foster a conversation about their noble goal: **raise awareness and money for cancer research.**

Movember and No Shave November are actually two separate movements with a common theme. Movember asks men to participate in growing out a mustache and focuses primarily on men's prostate and testicular cancer. No Shave November asks that men and women save the money they would regularly set aside for grooming (salon, waxing, razors, etc.), and instead pledge that money to the American Cancer Association.

Prostate cancer is one of the most common types of cancer with over 200,000 new cases a year in the United States alone. Routine check-ups may help to identify cancers early, and aid with keeping the loss of life to a minimum.



Wellington Place at Whiting

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Kristan Schaack, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

WellingtonPlaceWhiting.org

WE ACCEPT CREDIT CARDS

Sudoku

9	5		2				
		4		3	2	7	
	7		5	4			
			3	5	2		4
4	6	5		9			2
	2		4	7		8	
5			6	1	8		3
				9	5	6	8
7			2			9	1



TURN OFF THE TV & TURN ON YOUR IMAGINATION

Did you know... on average an individual watches at least four hours of television a day, which is approximately two full months of television each year? That's a lot of screen time! There are many

educational channels like National Geographic, History, Discovery, Animal Planet, and Science, however many of us tend to choose programs such as sports, sitcoms, reality shows or serial dramas when sitting down in front of the screen.

PUZZLE & GAME WEEK

Many of us have set traditions for Thanksgiving. Puzzle and Game Week is the perfect opportunity to begin a new tradition. Let each generation choose a different game each day of the week. Play individually or on teams by pairing different generations together. Game time is sure to be full of laughs and memories.

Celebrate National Television Day, November 21 by turning off the set and turning on your imagination. If you could create a TV show, what would it be? Would it be a comedy? Quiz show? Crime drama? Western, space opera, or something new? Maybe you'll write a sequel to your favorite drama? Start by writing a brief description or pilot episode. Then share your idea with co-workers, family or friends and ask them to join in the fun by contributing ideas to help your show going!

JOIN US: Wellington has their own Facebook page. You can find us if you search "Wellington Place at Whiting." There is information regarding upcoming parties and events, as well as pictures from our recent activities. Wellington is trying to reach out to the community to inform them of who we are and what we offer. Our page displays recent updates, activities, and upcoming events to our loved one's families. So be sure to Like, Follow, and Share the page.



Wisconsin Center for Assisted Living

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WELLINGTON PLACE 2021 DONATION DRIVE

GIVE LOVE LEND A HAND

Please donate by check or on our website. Type this link into a browser, or scan QR code with mobile device.

bit.ly/give-whit



Your generosity lets us help seniors with care needs regardless of ability to pay.